



IS IT DIFFICULT TO SEE THE BRIGHTER SIDE?

Consider Counseling and Learn To...

- Develop skills to strengthen and unite your family
- Increase Communication
- Set and Achieve Goals
- Identify and Reduce Conflict
- Learn Problem Solving skills
- Increase Healthy Coping skills

AND IT'S VERY AFFORDABLE!

**\$50 FOR THE FIRST FIVE SESSIONS AND
UP TO FIVE ADDITIONAL SESSIONS FOR**

FREE!

If you are interested in this very **affordable** service, please contact the SHORTSTOP office to schedule an appointment for you or your family at **(562) 981-7525**.

