



WE ARE THE SHORTSTOP YOUTH PROJECTS.

SERVING OUR COMMUNITY'S YOUTH SINCE 1994.

SHORTSTOP ONLINE JUVENILE CRIME DIVERSION



- **Highly interactive three-hour sessions**
- **Online using Zoom Video Conferencing**
- **Taught by members of the legal community and by volunteers**
- **For first-time juvenile offenders ages 10-17 and parents**
- **Program fee, but scholarships may apply.**

INDIVIDUAL AND FAMILY COUNSELING



- **One-on-one sessions via Zoom & telephone**
- **Cognitive Therapy, Cognitive Restructuring, Reality Therapy**
- **Helping young people develop positive relationships**
- **Restore and rebuild self-esteem**
- **Better control and manage behavior**

JUVENILE EMOTIONAL MANAGEMENT (JEM) ONLINE



- **Five-week sessions online through Zoom Video Conferencing**
- **Parent and child group interaction**
- **Recognize emotional triggers and express it appropriately**
- **Life skills training, financial literacy, motivational training**
- **Art therapy using visual content appreciation and creation**
- **Holistic yoga stretching and breathing exercises**

FOR MORE INFORMATION, VISIT ONLINE OR CALL (562) 981-7525.

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