



### Edible Wild Plants

- 1. Photograph, collect pictures of or sketch fifteen edible wild plants. Identify each plant in the wild.

1. _____	6. _____	11. _____
2. _____	7. _____	12. _____
3. _____	8. _____	13. _____
4. _____	9. _____	14. _____
5. _____	10. _____	15. _____

- 2. Identify in the wild five trees and five shrubs which are edible.

Trees

Shrubs

1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

- 3. Identify, prepare, and eat three kinds of wild berries or fruits, three kinds of beverages, three salad plants, three potherbs (greens), and two tubers or roots.

Wild Berries/Fruits

Beverages

1. _____	1. _____
2. _____	2. _____
3. _____	3. _____

Salad Plants

Potherbs (greens)

1. _____	1. _____
2. _____	2. _____
3. _____	3. _____

Tubers or Roots

1. \_\_\_\_\_
  2. \_\_\_\_\_
4. Demonstrate the preparation of wild foods in each of the following ways:
- a. Boiling
  - b. Frying
  - c. Roasting
  - d. Baking
  - e. Demonstrate how to prepare four parts of the common milkweed or day lily for food.
5. Explain how to identify three "odd-shaped" edible fungi and how to identify the deadly mushroom amanitas.
1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- Amanitas \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
6. What root plant can be dried and ground into meal?
- \_\_\_\_\_
- \_\_\_\_\_
7. Know at least 8 families embracing the poisonous or doubtful plants.
1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  5. \_\_\_\_\_
  6. \_\_\_\_\_
  7. \_\_\_\_\_
  8. \_\_\_\_\_
8. What is the cardinal edibility rule?
- \_\_\_\_\_
- \_\_\_\_\_